Sema Fadil

**Résumé**

**Qualifications**

**Diplomas:**

Bachelor of Arts with Honours in English Literature

British Wheel of Yoga Teacher training Dip.

Classical College of Massage and Natural Therapies Dip.

SAC Cert. Life Coaching and Counselling

FITT CYQ Level 3 Pilates Mat Dip.

Usui Rishi Ryoho Reiki Mastership

NLP Foundation Cert..

KEW Academy Hypnotherapy Dip

**Additional Abilities & Skills**

Hands on healing

Absent healing

Chakra reading

Life path reading

Past life reading

Channelling

**Training**

* Hatha yoga classes led by Ken and Angela Thompson 1977 - 1988
* Initiation and training in Pratyahara (knowledge) through Guru Maharaji 1988
* Training in Breathwork with Michael Overs – accredited rebirther 1994-1998
* Training and extensive practice of Reiki, levels 1, 2 and Master’s from 1994 on-going
* Training in Self Hypnosis in London 1995
* Training in Ashtanga Yoga in India with Lino Miele 1996
* Training in Anapana Suan Mokkh (Garden of Liberation) South Thailand 1997
* Ashtanga yoga classes led by Kristina Kartinos Ireland 1999 - 2003
* Yoga classes in Vanda Scaravelli’s style with John Stirk and Gary Carter 2000 - 2003
* Training in Meditation with Kelsang Geshe Gyatso 2001-2007
* Initiation into and training in Kriya Yoga first and second levels by Rajarshi Raghabananda in Sambalpur, India 2008 and by Swami Mangalananda Giri 2012
* Training in Meditation and life studies with Maharaji Rajan Sharma 2002 – 20011
* Training in Meditation & Breathwork; Advanced Course, Art of Living, Sri Sri Ravi Shankar, Bangalore 2009
* Training in Vipassana, and Anapana - S.N. Goenka 2008 – 2013
* Satsang and silent retreats with Mooji 2011 – 2012
* Non Duality with Marlies Cochorette – 2013
* Advaita Vedanta – Bob Adamson - 2014

**Other Relevant Studies**

Extensive practice of pranayama and meditation 1988- on-going

Study course in Ascended Masters of the 7 rays 1995

Initiation into Reiki First, Second and Masters Level 1994 - 1998

Qualification in Self-Hypnosis 1999

Study and initiation in Tantric Buddhism 2002-2009

Study under Bonnie Manze qualified journey therapist with Brandon Bays 2003

Studies in ‘A Course in Miracles’ with Josh Acetta 2006-2010

Training in Kundaliní meditation with Sri Vasudeva 2006 – on-going

Training in Advaita Vedanta – various teachers 2009 – on-going

**Experience**

**Teaching**

Over 25 years of teaching experience and a total of over 19,000 hours contact teaching to date. This excludes international teaching experience in: India, Thailand, Australia, New Zealand, U.S.A. and Canada.

**Public Speaking**

Presentations in the UK and internationally, speaking on a variety of subjects centred mainly on consciousness and transformation to both closed and open groups.

Clients have included ConsciousLab at the Hub in Piccadilly; Southbank International School and The Om Yoga Show.

**Clairvoyant Readings/Spiritual Guidance**

Over 35 years of giving intuitive readings to thousands of clients all over the world.

**Documented Clients:**

The Royal Prince of Jagdalpur, India

Minister of Jagdalpur, India

Shri Rawatpura Sarkar Ashram- Dhaneli, Raipur

Julia Swifts, Brighton

North Laines Fitness, Brighton

Dragons, Brighton

Fitness First, Great Portland Street

LA Fitness, Brighton and London Branches

Holmes Place Flagship Mayfair

Holmes Place, The Strand

The Third Space, Soho W1

R.I.S.E., Brighton

Shell Oil, London

Penguin Books, London

PFD Publishers, London

House of Lords, London

The OM Yoga Show, London

British Airways, London

The Hub, Piccadilly London

Southbank International School, London

London Piccadilly Hub